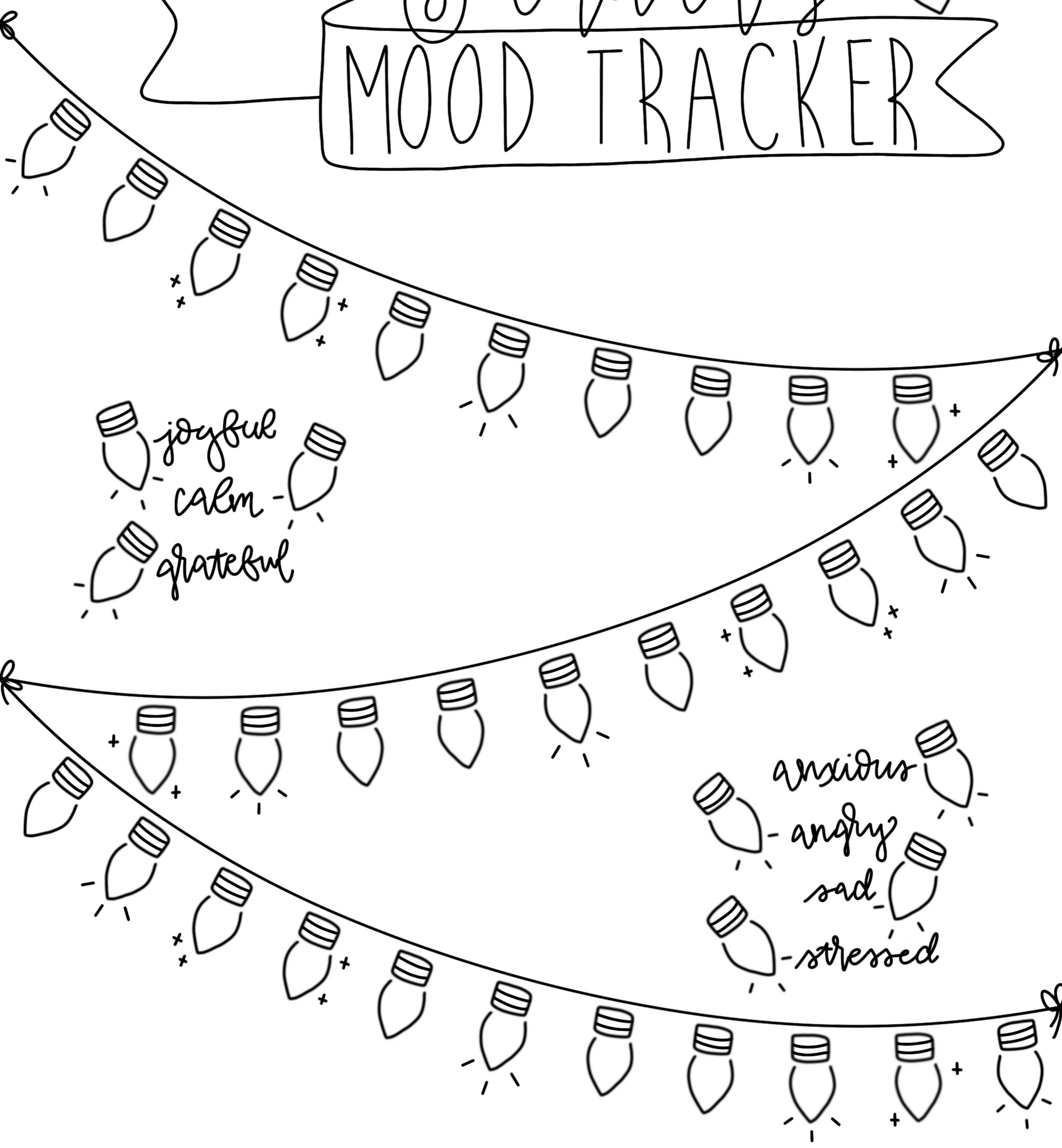


# January MOOD TRACKER



joyful  
calm  
grateful

anxious  
angry  
sad  
stressed