Why are you feeling sad today? Color the clouds that might describe how you are feeling. insecure guilty lonely 0 stressed 0 ٥ 0 0 0 0 0 weak 0 bored ٥ ٥ 0 0 0 depressed 0 busy disappointed ٥ 0 rejected confused ashamed wounded anxious 0 helpless hurt angry worried afraid ()annoyed 0 0 0 jealous 0 embarrassed tired